## JP5255097

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## Abstract of JP5255097

PURPOSE:To provide a liquid composition useful as a medicine or food for the treatment and prevention of constipation and concomitant symptoms such as feeling heavy in the head, skin chapping, or eruptions, containing a combination of dietary fibers useful for the prevention and treatment of constipation and obesity, etc., and butyric acid bacteria having intestinal disorder-controlling activity. CONSTITUTION: Dietary fibers useful for the prevention and treatment of constipation and obesity etc., (e.g. glucomannan) are immersed in purified water for a whole day and night; and at a point when the fibers are sufficiently swollen, they are ground with a mixer into a juicy form, which is, in turn, formulated with maltitol as a low calorie sweetener, orange juice powder, orange flavor, vitamin C, and, as acidulants, citric acid and sodium citrate, and also with butyric acid bacteria (e.g. Clostridium butyricum-NIP-1006) powder, asparagine as butyric acid bacteria germination inhibitor and benzoic acid as preservative followed by adjusting the pH level of the liquid, thus affording the objective liquid composition useful as a medicine or food for the prevention and treatment of acute or chronic constipation, thereby effective for improving various symptoms concomitant with constipation.

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